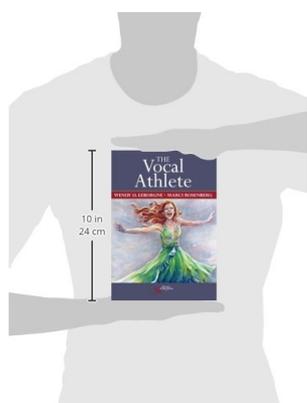


# [PDF] The Vocal Athlete

**Wendy D. Leborgne, Marci Rosenberg - pdf download free book**

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**Description:**

*The Vocal Athlete* and the companion book *The Vocal Athlete: Application and Technique* for the Hybrid Singer are written and designed to bridge the gap between the art of contemporary commercial music (CCM) singing and the science behind voice production in this ever-growing popular vocal style. This book is a must have for the speech pathologist, singing voice specialist, and vocal pedagogue. Heavily referenced, this text is ripe with current research on singing science as it relates to the CCM voice.

In addition to general singing science, *The Vocal Athlete* is the first book of its kind to address the

unique vocal and physiologic demands of commercial singing from a sound scientific and pedagogical standpoint. Historical review of classical vocal pedagogy is interwoven and transitioned to current pedagogy of CCM. Anyone who trains singers will gain insight into the current research and trends regarding the commercial music artist. Specifically, promotion and maintenance vocal wellness unique to the high demands of the CCM artist are provided for career longevity. Readers are provided additional resources on the multidisciplinary roles relative to managing vocal injury for this high risk group of singers.

*The Vocal Athlete* distinguishes itself from other pedagogy texts by incorporating current peer reviewed literature in the area of CCM and its studio application. Also unique to this text are chapters on body alignment, traditional and holistic medicine, the lifecycle of the voice, and the physiology of belting.

The companion book *The Vocal Athlete: Application and Technique for the Hybrid Singer* is a practical array of vocal exercises and techniques described by experienced CCM vocal pedagogues. This book comes with a CD of the singing exercises to further enhance understanding of techniques and skills used in training these singers. These books are invaluable tools for anyone who uses or trains the singing voice.

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