

[PDF] Honey, Do You Need A Ride? Confessions Of A Fat Runner

Jennifer Graham - pdf download free book



Books Details:

Title: Honey, Do You Need a Ride? Co
Author: Jennifer Graham
Released: 2012-10-09
Language:
Pages: 272
ISBN: 1891369806
ISBN13: 978-1891369803
ASIN: 1891369806

[**CLICK HERE FOR DOWNLOAD**](#)

pdf, mobi, epub, azw, kindle

Description:

Review □ Jennifer Graham may think she's different from the skinny Shirtless Wonders she sees trotting at a faster pace, but she's not. She knows that running, like a good book, can help you to live, and she's every bit as serious, dedicated, and impressive as the folks at the front of the pack. She may, however, be funnier and more fun than most of them."

□ Rachel Toor, author of *Personal Record: A Love Affair with Running*

□Attention fat people of the world: Jennifer Graham is so wise and funny in *Honey, Do You Need a Ride?* that you might just find yourself lacing up your sneakers and following her around the track. She is lovable and hilarious as a gazelle trapped in the body of a fat girl." □Debra Galant, author of *Rattled and Fear and Yoga in New Jersey*

□*Honey, Do You Need a Ride?* is a humorous journey shared proudly by its author. Just as Jennifer Graham's chosen form of recreation keeps her mentally and physically fit, reading Jennifer's story is equally therapeutic□even motivational□to the reader. Jennifer proves there is a runner in all of us! From her first-person perspective, she shows that running is a sport for life." □Joann Flaminio, first female president of the Boston Athletic Association, organizer of the Boston Marathon

□Jennifer Graham is a born writer and runner. She lets the reader into her life, conveying a sense of intimacy as she discusses her divorce, donkeys, and being fat, as well as a keen insight into the head and heart of a runner. Reading her book made me feel as if I was running alongside her for 26.2 miles and laughing the entire way." □Gail Waesche Kislevitz, author of *First Marathons, First Triathlons, and It's Never Too Late*

From the Inside Flap "Jennifer Graham is the hilarious, pee-in-your-pants running partner you wish you had. She'll make you want to move to Boston just to pound out a few miles alongside her and slam down a ginormous hot fudge sundae with her, post-run. If you love running, laughing, eating and reading in equal measure, you'll love this book."

EILEEN BUTTON, author of *The Waiting Place: Learning to Appreciate Life's Little Delays*

"Attention, fat people of the world: Jennifer Graham is so wise and funny in *Honey, Do You Need a Ride?* that you might just find yourself lacing up your sneakers and following her around the track. Graham is lovable and hilarious as a gazelle trapped in the body of a fat girl."

DEBRA GALANT, author of *Rattled and Fear and Yoga in New Jersey*

"Jennifer Graham is a born writer and runner. She lets the reader into her life, conveying a sense of intimacy as she discusses her divorce, donkeys, and being fat, as well as a keen insight into the head and heart of a runner. Reading her book made me feel as if I was running alongside her for 26.2 miles and laughing the entire way."

GAIL WAESCHE KISLEVITZ, author of *First Marathons, First Triathlons, and It's Never Too Late*

"Jennifer Graham might be surprised when the sinewy running tribe she longs to conform to becomes readers of her book, because you don't have to be a 'fat runner' to enjoy this moving memoir. If you've ever fallen in love with running; if running is a constant companion; if running has been a lifeline through bad times, then you'll identify with Graham's story. Okay, maybe not the donkeys or the paranormal coaching, but when you're done reading, you'll wish you could join Graham on a run, just so you can hear more."

KARA DOUGLASS THOM, author of *Becoming an Ironman and Hot (Sweaty) Mamas: Five Secrets to Life as a Fit Mom*

"Just as Jennifer Graham's chosen form of recreation keeps her mentally and physically fit, reading Jennifer's story is equally therapeutic - even motivational - to the reader. Jennifer proves there is a runner in all of us."

JOANN FLAMINIO, first female president of the Boston Athletic Association, organizer of the Boston Marathon

-
- Title: Honey, Do You Need a Ride? Confessions of a Fat Runner
 - Author: Jennifer Graham
 - Released: 2012-10-09
 - Language:
 - Pages: 272
 - ISBN: 1891369806
 - ISBN13: 978-1891369803
 - ASIN: 1891369806
-