

[PDF] Ending Addiction For Good: The Groundbreaking, Holistic, Evidence-Based Way To Transform Your Life

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Books Details:

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Author:

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Description:

Review "What a joy to be part of the journey of individuals transcending their suffering and their struggling to be in that special place of thriving." - **James O. Prochaska, PhD, Director of the Cancer Prevention Research Center at the University of Rhode Island and Developer of the Transtheoretical Model of Behavior Change (One of the "Top Five Most Cited Authors in Psychology" according to the American Psychology Society Recipient of an Innovator's Award from the Robert Wood Johnson Foundation)**

"A full recovery from any disease, including addiction, must include therapies that detox, nurture, and heal the entire person. In this marvelous, insightful book, the focus is not on one therapy but on weaving together therapies that support an individual's unique needs and lead to long-term sobriety, happiness, and overall good health." - **Leslie Memsic, MD**

"If you have a loved one or a friend who is on the road to becoming your lost one due to an addiction, you will find the information in this book extremely helpful in helping them to find the road to recovery. Its wisdom and authenticity come from such a place of love and hope." - **Candy Finnigan, BRI II, Interventionist on A&E's "Intervention," and Author of *When Enough is Enough: A Comprehensive Guide to Successful Intervention***

"*Ending Addiction for Good* addresses both the adult and the child-in-the-adult to break the cycle of harm to the next generation while healing old emotional wounds. I'm a pediatrician; I have seen addiction hurt *countless* children and families. A mother or father is just not present and available to be a skilled loving parent until they deal with *their* addiction." - **Jay N. Gordon, MD, FAAP, Assistant Professor of Pediatrics, UCLA Medical School, and Author of *The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child***

"Taite and Scharff have advanced Dr. Prochaska's Stages of Change model into a ready-to-use clinical tool. They have provided readers with a fresh and thoughtful adaptation of these effective stages of recovery. *Ending Addiction for Good* will inspire those in recovery, as well as providers of treatment." - **Margaret Fetting, Ph.D., USC Faculty, private practice clinician, and Author of *Perspectives on Addiction***

From the Author Richard Taite's thoughts on recovery: "Self-love, self-care, therapy, and taking care of yourself is not something you HAVE to do. It's something you GET to do. There is nothing more estimable than working on yourself to become the best father, the best husband, the best employer, and best person you can possibly be."

Constance Scharff's feelings about writing *Ending Addiction for Good*: "The most incredible part about writing this book with Richard has been seeing how lives are changed by the work that we do. Neither of us receives a penny of royalties from this book. All our proceeds from the book go to charity, to help those who need addiction treatment and cannot afford it. This book was entirely a labor of love, written to share with the world the truth that there is hope for addicts and their families. Recovery from addiction is possible. No one has to suffer any longer. Seeing lives turned around every day, that is an incredible, gift. It is gratifying and humbling to be part of this process."

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