

[PDF] Cooking For Jeffrey: A Barefoot Contessa Cookbook

Ina Garten - pdf download free book

arugula with prosciutto & burrata

recipe 2

When you get the main things to cook for a dinner party or the just-in-the-moment crowd, there are a few things you can't do without: you need a great vegetable, you need a protein, and you need a cheese. This recipe is a perfect example of all three.

- 1/2 cup good white wine vinegar
- 1/2 teaspoon olive oil
- 1/2 cup large egg white, at room temperature
- 1 teaspoon salted butter
- 1/2 cup good olive oil
- 1/2 cup arugula
- 1/2 cup sliced burrata or mozzarella
- 1/2 cup sliced prosciutto
- 1/2 cup large onion
- 1/2 cup large egg white
- 1/2 cup large egg white

For the vinaigrette, whisk together the vinegar, oil, and salt. In a small bowl, beat the egg white with a whisk until it is foamy. Add the butter and whisk until it is smooth. Add the egg white to the vinaigrette and whisk until it is smooth. Add the arugula to a large salad bowl, pour on enough vinaigrette to dress, and toss well.

Place the arugula on 4 dinner plates. Place half a burrata, or one slice of mozzarella, on top of each plate and carefully arrange the prosciutto and egg white on top. Sprinkle with salt and pepper, and serve with garlic bread.



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Description:

For America's bestselling cookbook author Ina Garten there is no greater pleasure than cooking for the people she loves—and particularly for her husband, Jeffrey. She has been cooking for him ever since they were married forty-eight years ago, and the comforting, delicious meals they shared became the basis for her extraordinary career in food.

Ina's most personal cookbook yet, *Cooking for Jeffrey* is filled with the recipes Jeffrey and their friends request most often as well as charming stories from Ina and Jeffrey's many years together. There are traditional dishes that she's updated, such as Brisket with Onions and Leeks, and Tsimmes, a vegetable stew with carrots, butternut squash, sweet potatoes, and prunes, and new favorites, like Skillet-Roasted Lemon Chicken and Roasted Salmon Tacos. You'll also find wonderful new salads, including Maple-Roasted Carrot Salad and Kale Salad with Pancetta and Pecorino. Desserts range from simple Apple Pie Bars to showstoppers like Vanilla Rum Panna Cotta with Salted Caramel. For the first time, Ina has included a chapter devoted to bread and cheese, with recipes and tips for creating the perfect cheese course. With options like Fig and Goat Cheese Bruschettas and Challah with Saffron, there's something everyone will enjoy.

From satisfying lunches to elegant dinners, here are the recipes Ina has tested over and over again, so you too can serve them with confidence to the people you love.

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